



EAST AVENUE

R E S T A U R A N T

Autumn 2026 Lunch Menu



Starters

Carrot and Butternut Squash Soup (V, GF, EF)

Mozzarella Bocconchini & Tomato Bruschetta,

Pomegranate Molasses (EF, can be GF) Bang-Bang Chicken Salad

Smoked Mackerel, Pickled Beetroot, Watercress & Creme Fraiche (GF/EF can be DF)

Mains

Creamy Peppercorn Chicken, Parmentier Potatoes, Tenderstem Broccoli (EF, GF)

Steak and Mushroom Pie, Pomme Puree, Carrot (Can be DF, can be EF)

Seabass, Romesco Sauce, New Potatoes, Sautéed Spinach (N, EV, can be DF)

Vegetable Lasagna, Garlic Sourdough, Seasonal Salad (V)

[Please see our guide to allergens and other information at the bottom of this page.](#)

Allergies

Please make a member of our team aware of any food allergies or intolerances.

Dairy Free (DF)
Gluten Free (GF)
Suitable for Vegetarians (V)

Desserts

Chocolate Mousse, Salted Popcorn & Maple Glazed Banana (GF, NF, can be vegan)

Blackberry Cheesecake, Blackberry Gel & White Chocolate Crisp (NF)

Bramley Apple Crumble Tart & Traditional Custard Sauce (NF)

Vanilla Bean Crème Brûlée, Pistachio Shortbread (NF) (can be GF & Vegan)

3 Courses **£17.95**

Tea/Coffee Additional **£2.00**

Lunches – Thurs & Fri
Arrival 12 noon / 12.15 pm / 12.30

[Click here to see available dates](#)

Prices include VAT

Credit Card Payment only Groups of 8 or larger please pay in one transaction

Gratuities are welcome, which go towards student trips.

Menus may change if items are not available but in most cases, a like-for-like substitution will be made.

Please contact Sue Lyons
To Make a Booking
email: Restaurant.ec@shcg.ac.uk
Sue.Lyons@shcg.ac.uk



Eastleigh
College